

2019

K-12 BREAKFAST

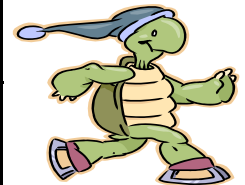
A LA CARTE
PRICES LISTED
SEPARATELY

**OFFERED
DAILY: Yogurt,
WHOLE GRAIN
Cereal or Cereal
Bar and Graham
Crackers; fruit,
juice and
assorted milk.**

MENU SUBJECT
TO CHANGE
WITHOUT
NOTICE



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 1	 1	2	3	4
7	8	OATMEAL 9	PANCAKES 10	BAGELS 11
BREAKFAST VARIETY 14	ASSORTED MUFFINS 15	OATMEAL 16	HAM & CHEESE MUFFIN 17	W.G. DONUT 18
PANCAKE WRAP 21	CINNAMON ROLLS 22	CINNAMON TOAST 23	EGG & CHEESE BISCUIT 24	FRENCH TOAST STICKS 25
MARTIN LUTHOR KING DAY No School	W.G. HONEY BUN 29	ASSORTED MUFFIN 30	BREAKFAST VARIETY 31	DUTCH WAFFLES 1
BREAKFAST VARIETY 28	EGG & CHEESE SANDWICH 29	ENGLISH MUFFIN, JELLY 30	SAUSAGE & CHEESE SANDWICH 31	 1



THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER



January



A LA CARTE PRICES LISTED SEPARATELY



OFFERED DAILY: ASSORTED WHOLE GRAIN BREADS, MILK, FRESH BABY CARROTS, AND FRUIT. SALAD, 8 OZ YOGURT, PBJ OR CHEESE SANDWICH OFFERED AS ALTERNATES TO THE MAIN ENTRÉE.

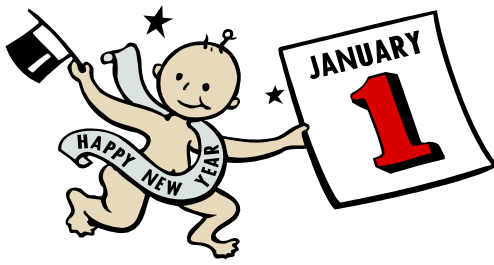
COMPONENTS: MUST CHOOSE 3 OF 5 - PROTEIN, BREAD, VEGETABLE, FRUIT, MILK



2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MENU SUBJECT TO CHANGE WITHOUT NOTICE	1 	2 ASIAN CHICKEN, RICE, BROCCOLI, FRUIT	3 TACOS, TOPPINGS, CORN, STRAWBERRIES	4 ASSORTED PIZZA, GREEN BEANS, PEACHES
7 BREADED CHICKEN, ROLL, WINTER BLEND, FRUIT	8 CHICKEN TACOS, TOPPINGS, CORN, MIXED FRUIT	9 BEEFY MAC, SPINACH, FRUIT	10 COOK'S CHOICE	11 ASSORTED PIZZA, SALAD, PEACHES
14 CHICKEN PATTY ON A BUN, ASSORTED VEGGIES, LETT., TOM. FRUIT	15 TACOS, TOPPINGS, CORN, MIXED FRUIT	16 SABRETT HOTDOGS, BAKED BEANS, APPLESAUCE	17 TOASTED CHEESE, VEGGIE BEANS, TOMATO SOUP, PICKLES, FRESH FRUIT	18 BIG DADDY PIZZA, PEAS, PEACHES
21 MARTIN LUTHOR KING DAY No School	22 TACOS, TOPPINGS, CORN, MIXED FRUIT	23 CHEESEBURGER, LETT. TOM., PICKLE, CORN, FRUIT	24 BRUNCH FOR LUNCH BAGELS, EGGS, SAUSAGE OR HAM, HASH BROWN, APPLESAUCE	25 ASSORTED PIZZA, SALAD, PEACHES
28 BBQ CKN, ROLL, BBQ BEANS, FRUIT	29 TACOS, TOPPINGS, CORN, MIXED FRUIT	30 MOZZ STICKS, SAUCE, VEGGIE STICKS, FRUIT	31 TURKEY GRAVY, MASHED POTATOES, FRUIT	1 ASSORTED PIZZA, SALAD, PEACHES





2019

PRE-K BREAKFAST

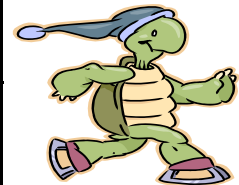
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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 1	 1	2	3	 4
7	8	9	10	11
BREAKFAST VARIETY	ASSORTED MUFFINS	OATMEAL	HAM & CHEESE MUFFIN	ENGLISH MUFFIN, JELLY
14	15	16	17	18
PANCAKE WRAP	BAGELS	CINNAMON TOAST	EGG & CHEESE BISCUIT	FRENCH TOAST STICKS
21	22	23	24	25
MARTIN LUTHOR KING DAY No School	OATMEAL	BAGELS	BREAKFAST VARIETY	ENGLISH MUFFIN, JELLY
28	29	30	31	1
BREAKFAST VARIETY	EGG & CHEESE SANDWICH	ENGLISH MUFFIN, JELLY	SAUSAGE & CHEESE SANDWICH	 1



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