

"Adolescence is a period of rapid changes. Between the ages of 12 and 17, for example, parents age as much as 20 years!" ~ Author Unknown

Staying Connected With Your Teen;

Giving parents the skills you need to help your teen successfully make the transition to adulthood!



Topics will include:

Role changes

and relating to your teen

Bonding with your teen to strengthen resilience

Identifying and reducing risks

Working with your family to solve problems

Supervising without invading

Setting family policies



***For parents with children in grades 6-9**

Thursdays, March 21 through April 18

from 6:30-8pm

Elementary Library

Free child care provided!

Free dinner by Salsbury's sponsored by PTA and RADAR!



To Register: Contact Teresa D'Arcangelis, LMSW at (518) 436-8561 x6304 or email tdarcangelis@rcsd.k12.ny.us