



CHILDRENS MENTAL HEALTH

**"YOU
ARE NOT
ALONE"**

May 3rd - 7th

Week

MONDAY

New PPS Google Site

May 3rd

Click here for
Resources, Tools,
Virtual Calming
Space

TUESDAY

Photography Contest

May 4th

Click here to learn more
with Mrs. Kent & Mr.
DeRuve submissions to
tkent@rcsd.k12.ny.us

WEDNESDAY

Mindful Mandalas

May 5th

Click here Art with Mrs.
Thomas. Practicing art
& mindfulness in class

THURSDAY

NAMI presents "Ending the Silence" in grades 9-12

May 6th

10:55 - 11:45

Wear Green to show
support for Mental
Health Awareness

Dr. Peper speaker on ADHD
6pm-7pm for families [link](#)

May 13th

Parents will learn
strategies and best
practices.

Highlighting and supporting
childrens Mental Health Everyday!

Project AWARE